

1st SUNDAY OF LENT < A

February 21 - 22, 2026

Intercessions: For the Church

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy

For the Departed Souls

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

In Communion with the Saints

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with Blessed Joseph, her spouse, with the Blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Concluding Doxology

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever, and ever.

Amen

Communion Rite

STAND

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Priest:

Deliver us, Lord, we pray, from every evil, graciously grant us peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

People:

For the kingdom, the power, and the glory are yours, now and for ever.

Sign Of Peace

Priest : Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

People : Amen

Priest : The peace of the Lord be with you always

People : **And with your Spirit.**

Priest : Let us offer each other the sign of peace

Breaking of the Bread

Lamb of God, you take away the sins of the world:

Have mercy on us.

Lamb of God, you take away the sins of the world:

Have mercy on us.

Lamb of God, you take away the sins of the world:

Grant us peace.

Reception of Communion

KNEEL

Priest : Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People : **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

Priest : The body of Christ.

Answer : **Amen**

Priest : The blood of Christ.

Answer : **Amen**

Communion

Prayer after Communion

[Heavenly Bread]

STAND

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord.
R/ Amen.

General Announcements

SIT

Blessing

STAND

May bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation, virtue be strengthened in temptation, and eternal redemption be assured. Through Christ our Lord.
R/ Amen.

May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.
R/ Amen.

Let us go in peace to love and serve the Lord in one another.
R/ Thanks be to God.

MC: Greeting

Entrance song

STAND

Introduction by the Celebrant

ENTRANCE ANT.

[Length of Days]

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

Penitential Act

As people who have experienced our weakness in moments of temptation, let us ask the Lord to forgive us our sins:
(pause)

Lord Jesus, you have experienced our temptations and have overcome them by your obedience: Lord, have mercy. **Lord, have mercy.**

Jesus Christ, you call us to repentance and conversion: Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you came not for the healthy and the just but for the sick and for sinners: Lord, have mercy. **Lord, have mercy.**

Lord, have mercy on us, weak and fickle as we are, and forgive us our sins. Give us a new heart and lead us to everlasting life. **Amen.**

Glory is not Said

C: Collect

[Grow in Understanding]

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **R/ Amen.**

Liturgy of the Word

SIT

First Reading Gn 2:7-9; 3:1-7 *[Sin of Our First Parents]* God created Adam and Eve and placed them in the luxurious Garden of Eden. They could eat fruit from every tree except one. After being tempted by the devil, Eve - then Adam - disobeyed God's command. Immediately their lives changed.

A reading from the Book of Genesis

The LORD God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being.

Then the LORD God planted a garden in Eden, in the east, and placed there the man whom he had

formed. Out of the ground the LORD God made various trees grow that were delightful to look at and good for food, with the tree of life in the middle of the garden and the tree of the knowledge of good and evil.

Now the serpent was the most cunning of all the animals that the LORD God had made. The serpent asked the woman, "Did God really tell you not to eat from any of the trees in the garden?" The woman answered the serpent: "We may eat of the fruit of the trees in the garden; it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, lest you die.' " But the serpent said to the woman: "You certainly will not die! No, God knows well that the moment you eat of it you will be like gods who know what is good and what is evil." The woman saw that the tree was good for food, pleasing to the eyes, and desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized that they were naked; so they sewed fig leaves together and made loincloths for themselves.

The word of the Lord.

R/ Thanks be to God.

Responsorial Psalm Ps 51

[Repentance]

R./ Be merciful, O Lord, for we have sinned.

Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me. **(R.)**

For I acknowledge my offense, and my sin is before me always: "Against you only have I sinned, and done what is evil in your sight." **(R.)**

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me. **(R.)**

Give me back the joy of your salvation, and a willing spirit sustain in me.

O Lord, open my lips, and my mouth shall proclaim your praise. **(R.)**

Second Reading Rom 5:12-19 or 5:12, 17-19

[Saved Through Christ]

From the fall of Adam, sin came into the world. God, however, gave the gift of his Son, Jesus. Through him justice was restored. Through the obedience of Jesus, justice comes to all.

A reading from the Letter of Saint Paul to the Romans

Brothers and sisters: Through one man sin entered the world, and through sin, death, and thus death came to all men, inasmuch as all sinned -

[for up to the time of the law, sin was in the world, though sin in not accounted when there is no law. But death reigned from Adam to Moses, even over those who did not sin after the pattern of the trespass of Adam, who is the type of the one who was to come.

But the gift is not like the transgression. For if by the transgression of the one, the many died, how much more did the grace of God and the gracious gift of the one man Jesus Christ overflow for the many. And the gift is not like the result of the one who sinned. For after one sin there was the judgment that brought condemnation; but the gift, after many transgressions, brought acquittal.]

For if, by the transgression of the one, death came to reign through that one, how much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one Jesus Christ. In conclusion, just as through one transgression condemnation came upon all, so, through one righteous act, acquittal and life came to all. For just as through the disobedience of the one man the many were made sinners, so, through the obedience of the one, the many will be made righteous.

The word of the Lord.

R/ Thanks be to God.

Verse Before the Gospel Mt 4:4b

[Source of Life]

STAND

R/ Praise to you, Lord Jesus Christ, King of endless glory!

One does not live on bread alone; but on every word that comes forth from the mouth of God.

R/ Praise to you, Lord Jesus Christ, King of endless glory!



"One does not live on bread alone."

Gospel Mt 4:1-11 **[Temptation]**

The devil tempted Adam; he also tempts Jesus three times, making lavish promises. Jesus rebukes Satan, for only God is to be adored.

R/ The Lord be with you.

R/ And with your spirit.

A reading from the holy Gospel according to Matthew.

R/ Glory to you, O Lord

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written:

One does not live on bread alone, but on every word that comes forth from the mouth of God."

Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written:

He will command his angels concerning you and with their hands they will support you, lest you dash your foot against a stone."

Jesus answered him, "Again it is written, *You shall not put the Lord, your God, to the test."*

Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written:

The Lord, your God, shall you worship and him alone shall you serve."

Then the devil left him and, behold, angels came and ministered to him.

The Gospel of the Lord.

R/ Praise to you, Lord Jesus Christ.

Homily

SIT

I believe in God

STAND

General Intercessions

In the season of Lent we enter upon a path of deeper conversion. Embracing a spirit of holy self-denial we pray:

(Pause)

That this Lent the Church will bear witness to the good news of God's love, particularly for those who live in material, moral, or spiritual destitution. Let us pray to the Lord:

Lord, save us by your love.

For lawmakers: that they have the courage to uphold the rights of peoples, protecting all from being forced to violate their moral and religious convictions. Let us pray to the Lord:

Lord, save us by your love.

That families to recommit themselves to fervent prayer this Lent so as to be united in love and holiness. Let us pray to the Lord:

Lord, save us by your love.

For those preparing to be baptized and to be confirmed: that they will be blessed in these days of preparation. Let us pray to the Lord:

Lord, save us by your love.

Lord Jesus, You are the head of the Church, we humbly seek Your providence of the St. Peter Canisius International Catholic Parish, the grace to overcome temptation and begin our Lenten observances with hope alive, and to be the Light to

the nations. Let us pray to the Lord:

Lord, save us by your love.

We pray for those intentions offered for the Mass and for our personal intentions ...

(Pause)

We pray to you Lord:

Lord, save us by your love.

Loving Father, we bless you-guide our steps, straighten our paths, and give us grace to follow your will. Through Christ our Lord. **Amen.**

SL: Offertory hymn

SIT

Liturgy of the Eucharist

Preparation of the Bread

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you:

fruit of the earth and work of human hands, it will become for us the bread of life.

All : Blessed be God for ever.

Preparation of the Wine

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you:

fruit of the vine and work of human hands, it will become our spiritual drink.

All : Blessed be God for ever.

Invitation To Prayer

STAND

Priest : Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

People : May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his Holy Church

Prayer over the Offerings

[Sacred Time]

STAND

Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord. **Amen.**

The Eucharistic Prayer

STAND

Introductory Dialogue

The Lord be with you.

And with your spirit.

Lift up your hearts

We lift them up to the Lord

Let us give thanks to the Lord our God.

It is right and just

Preface

[Christ's Abstinence]

It is truly right and just, our duty and our salvation,

always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord. By abstaining forty long days from earthly food, he consecrated through his fast the pattern of our Lenten observance and, by overturning all the snares of the ancient serpent, taught us to cast out the leaven of malice, so that, celebrating worthily the Paschal Mystery, we might pass over at last to the eternal paschal feast.

And so, with the company of Angels and Saints, we sing the hymn of your praise, as without end we acclaim:

Holy, Holy, Holy Lord God of hosts....

Eucharistic Prayer No.2

KNEEL

Praise to the Father

You are indeed Holy, O Lord, the fount of all holiness.

Invocation of the Holy Spirit

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ.

The Lord's Supper

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

Take this, all of you, and eat of it, for this is my Body, which will be given up for you.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins.

Do this in memory of me.

Memorial Acclamation

Priest : The mystery of faith.

All : When we eat this Bread and drink this cup, we proclaim your Death, O Lord, until you come again.

The Memorial Prayer

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Invocation of the Holy Spirit

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.